



## FACIALS

### Tranquility Jade Stone Facial 80 Min \$200

A relaxing back treatment with warm essential oils followed with a luxurious Jade stone facial massage to keep a healthy, youthful appearance. Aromatherapy is combined to create a wonderful experience for your senses.

### Tightening and Brightening Facial 80 Min \$170

This facial is known for its instant brightening, tightening and smoothing effects. In just one treatment, you will see renewed skin. Reducing fine lines and wrinkles while smoothing and softening. Vitamin C and Hyaluronic Acid will instantly transform your skin.

### Fruitzyme Rejuvenating Facial 50 Min \$150

Skin is awakened and rejuvenated with this fruit enzyme and fruit acid facial treatment. Perfect for dehydrated, dull and aging skin. This treatment infuses a potent dose of antioxidants, anti-inflammatory ingredients and powerful peptides for youthful glowing skin.

### Chocolate Decadence Facial 50 Min \$150

Decadent and Delicious! Relax and enjoy as the decadent aroma of chocolate fills the air. A smooth, dark chocolate mask is applied, rich in antioxidants bringing a radiant, healthy appearance to the skin. Indulge without worry of calories!

### Glow N' Go 25 Min \$75

A perfect mini face refresher! Great introduction to basic skin care needs. Includes a deep cleanse, light exfoliation, mask and moisturizer. (Does not include: extractions, steam or facial massage).

## FACIAL ADD ON

### 24K Gold Upgrade Add On 25 Min \$60

Add our 24 Karat Gold anti-wrinkle protector that has amazing skin-firming effects, it nourishes the skin to revive natural youthful vibrancy and reduces the appearance of fine lines, combats free radicals, enhances skin rejuvenation, and helps restore elasticity and suppleness. (Upgrade Includes: Eye, Lip and Face mask)

## MASSAGE

### Tranquility Signature Hot Stone Massage 80 Min \$200

Hot stones are incorporated into your massage on specific areas of the body to provide total relaxation.

### Hot Stone Massage 50 Min \$150

### Deep Tissue Massage 50 Min \$145 / 80 Min \$185

Deep pressure massage targeting tight, sore muscles.

### Swedish Massage 50 Min \$135 / 80 Min \$170

A light pressure massage to ease tension and relax the body.

### Couples Massage 50 Min \$270 / 80 Min \$340

Enjoy a massage together in the same room. Your therapist will incorporate a paraffin treatment into your session and customize techniques to individualize your treatment.

### Pre-natal Massage 50 Min \$135

Relax and improve circulation while reducing fatigue. Special care is taken to ensure comfort of mom and baby.

### Mini Massage 25 Min \$75

Focuses on neck, shoulders and back area to relieve stress.

### Sinus Relief Massage 25 Min \$60

Add On or Stand Alone

### Invigorating Scalp Massage 25 Min \$60

Add On or Stand Alone

## ENHANCEMENTS

Add any of the following enhancements to your Massage or Body Treatment

### Paraffin Treatment \$20

### Hot Towel Service \$20

### Heat Pack Therapy \$20

### Aromatherapy \$15

### Seasonal Scents \$15

## BODY TREATMENTS

### Spa Retreat Salt Scrub Soufflé 25 Min \$80 / 50 Min \$125

Soft and luxurious exfoliation infused with cucumber, coconut and mint to smooth and nourish skin.

### Sugar Smoothie Body Polish 25 Min \$80 / 50 Min \$125

A total body exfoliation using vanilla infused sugar scrub and moisturizing body butter. Leaving your skin silky smooth with a radiant glow.

### Lavender Salt Scrub 25 Min \$80 / 50 Min \$125

A concentration of fine salt and pure lavender essential oil to smooth your skin to perfection.

### Hands or Feet Treatment 25 Min \$80 / 50 Min \$125

Relax and treat your hands, feet or both to an exfoliation and moisture treatment. Followed with warm mittens/booties and a light massage.

### Chocolate Decadence Body Wrap 80 Min \$185

Treat yourself to a rich blend of chocolate and peppermint. Your skin will be exfoliated using an organic brown sugar scrub and finished with an aromatherapy oil to leave your skin and senses refreshed. Combine with the Chocolate Decadence Facial for a luxurious treat!

### Women's Herbal Body Wrap 80 Min \$185

This herbal treatment balances the body's hormones and improves the texture and appearance of the skin. With soothing Aloe Vera Gel and a blend of Ayurvedic, Chinese and Western Herbs this wrap rids the body of excess fluids and toxins leaving you feeling extremely balanced and renewed.

### Detoxifying Seaweed Body Wrap 80 Min \$185

Be refreshed and rejuvenated with a blend of detox herbs infused with clary sage essential oils, witch hazel and therapeutic minerals to increase blood circulation and detoxify the skin.

(Not advised for Shellfish/Marine Botanicals/Iodine Sensitivity)

### Chocolate Scrub 25 Min \$80 / 50 Min \$125

A total body exfoliation using chocolate and peppermint infused sugar scrub and a moisturizing body butter, that will leave your skin feeling silky smooth.

## SPA PACKAGES

We have combined some of our customer favorites into combination packages.

### Gentle Respite 50 Min \$150

Glow N' Go Facial  
Mini Massage

### Stress Me 'Knot' 75 Min \$210

Mini Massage  
Foot Treatment  
Scalp Massage  
Hot Towel Service

### Splendid Moment 100 Min \$250

Fruitzyme Rejuvenating Facial  
Aromatherapy Massage

### Tranquil Experience 150 Min \$330

Sugar Smoothie Body Polish  
Fruitzyme Rejuvenating Facial  
Aromatherapy Massage

## TO ENHANCE YOUR EXPERIENCE

- Please arrive 10 minutes prior to your scheduled appointment time.
- Please turn all cell phones off
- Alcohol is not recommended before, during or immediately after treatments.
- Keep in mind we require 24 hours for cancellations and scheduling changes a 100% fee will be charged for missed appointments. Your appointment time must be secured with a credit card at time of scheduling.
- For your convenience, a 20% service charge is added to all spa services.
- Guests under the age of 18 must have a signed parental consent form prior to treatment being performed.
- Please notify us if you are pregnant so that we may take extra care during your visit.
- We are not responsible for valuables brought to the spa.

**Walk ins are always welcome.  
Appointments are recommended.  
Open Daily.**

7000 Lanier Islands Parkway  
Buford, GA • 30518  
770.945.8787  
LanierIslands.com

  
**Lanier Islands**  
TRANQUILITY SPA

678.318.7887

